

# BEYOND BOTOX

7 STRATEGIES FOR SEXY, AGELESS SKIN  
WITHOUT NEEDLES OR SURGERY

## What Is Your Skin Type?

In order to find the right products for your skin, you need to identify your skin type. Your skin type is a combination of three factors:

1. Water content, which is responsible for skin's suppleness
2. Lipid content, which is responsible for nutrition and softness
3. Level of sensitivity, which is responsible for the skin's resistance and tolerance

Using the following list, find your skin type.

### Normal Skin

- Balanced sebaceous secretions
- Possibility of a few comedones
- Pores visible but not dilated
- Slight shine on T zone
- Even texture, smooth to the touch

### Dry Skin

- Insufficient sebaceous secretions
- Cheeks dryer than T-Zone
- Fine lines
- Sensitive to environmental factors
- Thin skin
- An uncomfortable pulling sensation
- Matte complexion

### Oily Skin

- Excessive sebaceous secretions
- Shiny complexion
- Acneic tendency comedones
- Thicker texture
- Oily to touch